

CLEMMONS

Tuesday
7:30 PM
Committed To Recovery, O,D,WC,NS
Clemmons First Baptist Church
3530 Clemmons Rd/Hwy 158

DOBSON

Saturday
8:00 PM
Alive & Kickin, O,BT,D,WC,NS,BK
First Baptist Church
214 South Crutchfield Street
Enter back NW corner - single door

KERNERSVILLE

Monday
7:30 PM
Doing Something Different,
O,D,WC,NS
Kernersville Moravian Church-Enter on
Cherry St
504 S. Main Street

Wednesday
7:30 PM
Doing Something Different,
O,D,WC,NS
Kernersville Moravian Church-Enter on
Cherry St.
504 S. Main Street

KING

Friday
8:00 PM
Newcomers In-Person, O,D,WC
Trinity United Methodist Church
725 W. Dalton Road

Friday
8:00 PM
Newcomers Zoom Mtg- PW
recovery, O,TOP,VM



LEWISVILLE

Monday
6:30 PM
Lost and Found, O,D,WC,NS
Shallowford Presbyterian Church
1200 Lewisville-Clemmons Road

Wednesday
6:30 PM
WOW - Women of Worth,
O,D,W,WC,LIT,NS
Shallowford Presbyterian Church
1200 Lewisville-Clemmons Road

LEXINGTON

Monday
7:30 PM
Inner Peace Group, O,D,WC,NS
New Hope Presbyterian Church
200 Cotton Grove Road

Thursday
7:30 PM
Inner Peace Group, O,D,WC,LIT,NS
New Hope Presbyterian Church
200 Cotton Grove Road

MOCKSVILLE

Sunday
6:00 PM
Against All Odds- Hybrid PW
710466, O,D,WC,NS,HY
First Presbyterian Church
261 S Main St



Monday
7:30 PM
Against All Odds- Virtual PW
710466, O,D,VM



Thursday
7:00 PM
Against All Odds- Virtual PW
710466, O,STP,WC,NS,TC,VM



Saturday
NOON
Against All Odds- Hybrid PW
710466, O,D,WC,NS,HY
First Presbyterian Church
261 S. Main St.



MOUNT AIRY

Monday
8:00 PM
Alive & Kickin, O,D,WC,NS
Mt. Airy Wesleyan Church
2063 S. Main St.

Tuesday
7:00 PM
Newcomers Zoom mtg- PW
recovery, O,LIT,L,VM



Tuesday
8:00 PM
Newcomers In-Person, O,D,WC
First Presbyterian Church, Boy Scout Hut
326 S Main Street

PILOT MOUNTAIN

Thursday
8:00 PM
Newcomers In-Person, O,D,WC
First Presbyterian Church
316 E Main Street

Thursday
8:00 PM
Newcomers Zoom Mtg - PW
recovery, O,D,WC,VM



WINSTON-SALEM

Sunday
10:30 AM
Free and Serene, O,D,WC,NS,HY
Meets in OUTPATIENT Lobby (Last
entrance on the Left)
5755 Shattalon Drive



Sunday
4:00 PM
Never Lonely Again, O
Augsburg Community Church/ Center
502 Broad St

Sunday
6:00 PM
Just For Today, O,WC,NS,SD
Crystal Towers
625 W. 6th Street

Sunday
6:00 PM
New Connections, O,WC,JFT,NS,HY
New Story Church
1401 Trademart Boulevard



Sunday
7:00 PM
Hanging Tough, O,D,NS
Ambassador Cathedral Church
1500 Harriet Tubman Dr.

Monday
NOON
Lunch Bunch 1.5 hr meeting, O,D,NS
Green Street United Methodist Church
639 Green Street

Monday
6:30 PM
R.A.W., C,WC,NS,BK
Ardmore United Methodist Church
630 S. Hawthorne Rd

Monday
7:00 PM
Courage to Change, O,LIT,NS
Fellowship Home
661 N Spring Street

Monday
8:00 PM
New Connections, O,D,M,W,NS
Christ Lutheran Church
3205 S Main Street

Tuesday
10:00 AM
Living Clean, C,WC,NS,LC
New Story Church
1401 Trademart Boulevard

Tuesday
NOON
Lunch Bunch 1.5 hr meeting,
C,D,STP,TRD,NS
Green Street United Methodist Church
639 Green Street

Tuesday
6:00 PM
New Connections, O,D,WC,NS,HY
New Story Church
1401 Trademart Boulevard



Tuesday
7:00 PM
Primary Purpose, O,BEG,WC,NS
Mt Zion Baptist Church
950 File Street

Wednesday
NOON
Lunch Bunch 1.5 hr meeting, O,D,NS
Green Street United Methodist Church
639 Green Street

Wednesday
7:00 PM
Hanging Tough, O,BT,D,WC,NS
Veterans Helping Veterans Heal
3614 N Glenn Ave, Winston-Salem

Wednesday
8:00 PM
Just For Today, O,WC,NS,BK
Crystal Towers
625 W. 6th Street

Wednesday
8:00 PM
New Connections, O,D,NS
Christ Lutheran Church
3205 S Main Street

Thursday
NOON
Lunch Bunch 1.5 hr meeting,
C,BT,NS,SD
Green Street United Methodist Church
639 Green Street

Thursday
6:00 PM
New Connections, O,D,WC,NS,HY
New Story Church
1401 Trademart Boulevard



Thursday
7:00 PM
Primary Purpose, O,D,WC,NS
Mt Zion Baptist Church
950 File Street

Friday
NOON
Lunch Bunch 1.5 hr meeting, O,D,NS
Green Street United Methodist Church
639 Green Street

Friday
4:00 PM
Old School, O,D,WC,NS
Samaritan Ministries
414 E. Northwest Blvd

Friday
6:00 PM
Miracles Truly Happen,
O,VAR, TOP,WC,LIT,NS,SD
Reynolda Church, EPC (formerly
Reynolda Presbyterian)
2200 Reynolda Rd

Friday
7:00 PM
Hanging Tough, O,D,LIT,NS
Ambassador Cathedral Church
1500 Harriet Tubman Dr.

Saturday
12:30 PM
Never Lonely Again, O,D,WC,NS
Augsburg Community Church/ Center
502 Broad St

Saturday
5:00 PM
Primary Purpose, O,BEG,WC,NS
Mt Zion Baptist Church
950 File Street

Saturday
6:00 PM
New Connections, O,WC,LIT,NS,HY
New Story Church
1401 Trademart Boulevard

Saturday
7:00 PM
Old School, O,D,WC,NS
Samaritan Ministries
414 E. Northwest Blvd

Saturday
8:00 PM
Circle of Men, M,WC,NS
New Story Church
1401 Trademart Boulevard



MEETING FORMAT KEYS

Meetings Are One Hour Unless Indicated Differently

BEG	(Beginners) This meeting is focused on the needs of new members of NA.
D	(Discussion) This meeting invites participation by all attendees.
M	(Men) This meeting is meant to be attended by men only.
VAR	(Format Varies) This meeting has a format that changes for each meeting.
W	(Women) This meeting is meant to be attended by women only.
NS	(No Smoking) Smoking is not allowed at this meeting.
SD	(Speaker & Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
O	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
C	(Closed to Non-Addicts) This meeting is closed to non-addicts.
WC	(Wheelchair) This meeting is wheelchair accessible.
BT	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
STP	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
TOP	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
TRD	(Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
LIT	(Literature Study) Approved N.A. Literature
BK	(Book Study) Approved N.A. Books
L	(Literature Study) Literature Study
TC	(Temporarily Closed Facility) Facility is Temporarily Closed
VM	(Virtual Meeting) Meets Virtually
HY	(Hybrid) Meets virtually and in person
JFT	(Just for Today Study) Just for Today Meditation.
LC	(Living Clean) This meeting is focused on discussion of the Living Clean book.

Just for today you never have to use
again



**Twin City Area
Narcotics Anonymous**

**Meeting Schedule
MAY 2026**



Scan Me

TWIN CITY AREA NARCOTICS ANONYMOUS

Helpline 855-613-2762

www.tcana.org

TCANA

PO Box 24682

Winston-Salem, NC 27114

Twin City Area Narcotics Anonymous serves the
following communities in North Carolina:
Advance Clemmons Dobson King Lewisville Lexington
Kernersville Mocksville Mount Airy Pilot Mountain
Winston-Salem

NAMES AND NUMBERS

SUGGESTIONS

Don't use no matter what
Avoid old playmates and playgrounds
Get and use a sponsor
Keep coming back it works
Make 90 meetings in 90 days
Join a home group
Get involved do service work
Get phone numbers
Build a network

**No addict seeking recovery need die
without a chance to find a better way of
life. (BT xiii)**